

Covid-19 Testing Flowchart

Exposure? (> 15 min cumulative direct contact)

Yes

No

Symptomatic? (Fever, cough, shortness of breath, fatigue, myalgias, headache, change in smell/taste, sore throat, congestion, runny nose, nausea, vomiting, diarrhea)

Yes

No

Shortness of breath at rest, unable to stand or dehydrated call 911 or go to ER

1. Mild - Wait 48 hours to test and quarantine (decrease false negative results).
2. Moderate/Severe - Test immediately

Positive

Negative

CDC Recommendations (Must meet all 3 criteria below) -
1. 10 days since onset of symptoms.
2. No fever for at least 24 hours.
3. Feeling better.

Return to work options:
1. Mild - 3 days feeling better without fever for 24 hours (U of U).
2. Mod/Severe (Must meet all 3 criteria below) -
1. 10 days since onset of symptoms.
2. No fever for at least 24 hours.
3. Feeling better.

1. Wait 5-7 days to test (decrease false negative results).
Essential worker - okay to work during waiting period if using precautions unless develop symptoms.
2. Quarantine x 10 days

Positive

Negative

CDC Recommendations (Must meet all 3 criteria below) -
1. 10 days since onset of symptoms.
2. No fever for at least 24 hours.
3. Feeling better.

1. Essential worker - use precautions and okay to work.
2. Non-Essential Worker - quarantine x 10 days.

Symptomatic? (Fever, cough, shortness of breath, fatigue, myalgias, headache, change in smell/taste, sore throat, congestion, runny nose, nausea, vomiting, diarrhea)

Yes

No

Don't Test

1. Mild - Wait 48 hours to test and quarantine (decrease false negative results).
2. Moderate/Severe - Test immediately

Positive

Negative

CDC Recommendations (Must meet all 3 criteria below) -
1. 10 days since onset of symptoms.
2. No fever for at least 24 hours.
3. Feeling better.

Return to work options:
1. Mild - 3 days feeling better without fever for 24 hours (U of U).
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